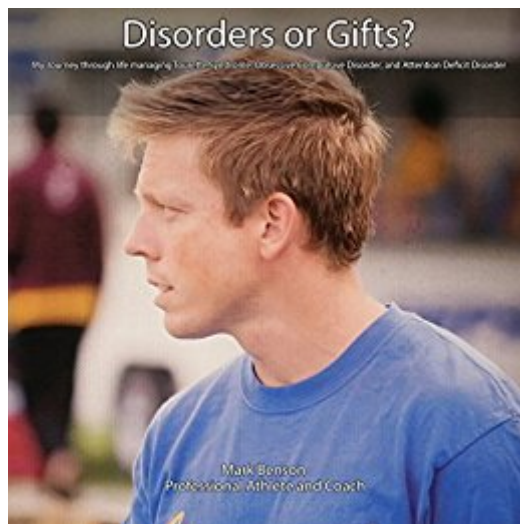




The book was found

Disorders Or Gifts?: My Journey Through Life Managing Tourette Syndrome, Obsessive Compulsive Disorder, And Attention Deficit Disorder



Synopsis

The reason for writing this book was simple. I went through a journey of managing multiple disabilities throughout my life and have become very successful despite having these so called disabilities serve as roadblocks for my own success. While on my journey to become a pro soccer player I noticed that when you find yourself in positions either in sport as a player, coach, mentor, etc. you now have the added ability and in many cases responsibility to become a role model for a younger generation who would like to accomplish similar goals such as my own. I found myself conducting a lot of public speaking events for younger kids as well as talking about my experiences with other young people who were dealing with similar issues and disorder type struggles such as what I dealt with also. Then I started to ask myself how can I do more to help others? How can I provide my story which seemed to be inspirational for the young kids I spoke to, to more people? So I decided to write this book about my experiences. The reason I feel that this is worth your time to read is because I was the type of kid who was told "you can't" over and over to. Meaning, if I really thought I would like to be something, or try something or be good at a certain sport for example, I was told a lot that I would never be good or never be great, or can't ever obtain a level of greatness in things I found interesting to myself. Some of that were other kids being kids; however some of that were also adults, other parents, school teachers, doctors, youth and professional coaches, and more. Out of all of that in the face of apparent sure failure I decided that I would do the complete opposite of what they told me, and would accomplish the task at hand anyway. So what was the result of all of that? Let's take a count. Managed my disorders without prescription drugs, graduated not only high school but also college with a degree in business, went on to become a pro soccer player playing with and against players that have gone on to play in the World Cup as well as some of the highest level of club soccer, and now I work as a professional soccer trainer / coach. I have a wonderful family and am now a father of the most beautiful baby girl. I am in every definition of the word successful, and I did all of that while having neurological disorders that in most cases cause people to give up or not even try to move towards such things. Unfortunately many times this happens because they listen to the people that tell them "you can't". I'm here to tell you. "You Can!" You just need to want it bad enough.

Book Information

File Size: 1721 KB

Print Length: 32 pages

Page Numbers Source ISBN: 1521352879

Publication Date: May 21, 2017

Sold by: Digital Services LLC

Language: English

ASIN: B071FFQMNW

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #978,857 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #33

in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Tourette Syndrome #665

in Kindle Store > Kindle Short Reads > 45 minutes (22-32 pages) > Sports & Outdoors #1980

in Kindle Store > Kindle Short Reads > 45 minutes (22-32 pages) > Health, Fitness & Dieting

Customer Reviews

good read - more of an essay than a "book"

[Download to continue reading...](#)

Disorders or Gifts?: My Journey through life managing Tourette Syndrome, Obsessive Compulsive Disorder, and Attention Deficit Disorder Tictionary: A Reference Guide to the World of Tourette Syndrome, Asperger Syndrome, Attention Deficit Hyperactivity Disorder and Obsessive Compulsive Disorder for Parents and Professionals Teaching the Tiger A Handbook for Individuals Involved in the Education of Students with Attention Deficit Disorders, Tourette Syndrome or Obsessive-Compulsive Disorder Teaching the Tiger: A Handbook for Individuals Involved in the Education of Students With Attention Deficit Disorders, Tourette Syndrome or Obsessiv by Marilyn P., Ph.D. Dornbush (August 1995) Bodola Loves Chips & Pop: Understanding the mind of parents and children who exist with Autism, ADHD, Downs Syndrome and other (Obsessive Compulsive) Neurological disorders ADHD Guide Attention Deficit Disorder: Coping with Mental Disorder such as ADHD in Children and Adults, Promoting Adhd Parenting: Helping with Hyperactivity and Cognitive Behavioral Therapy (CBT) I Love You Mom! Floral and Gardening Coloring Book for All Ages: Mother's Day Gifts in all Departments; Mothers Day Gifts in al; Mother's Day in ... Gifts from Son in al; Mothers Day Gifts in al Gifts In Jars: 88 Easy To Make DIY Gifts In Jars (Gifts in Mason Jars - Jar Gifts - Recipes - DIY Projects) Our Honeymoon in Paris: Honeymoon Scrapbook; Bridal Shower

Gifts for the Bride in all Departments; Bridal Shower Gifts in al; Wedding Gifts for the ... D; Wedding Gifts in al; Wedding Planner in al Driven to Distraction: Recognizing and Coping with Attention Deficit Disorder from Childhood Through Adulthood Surviving Schizophrenia: My Story of Paranoid Schizophrenia, Obsessive-Compulsive Disorder, Depression, Anosognosia, Suicide, and Treatment and Recovery from Severe Mental Illness The Boy Who Couldn't Stop Washing: The Experience and Treatment of Obsessive-Compulsive Disorder When a Family Member Has OCD: Mindfulness and Cognitive Behavioral Skills to Help Families Affected by Obsessive-Compulsive Disorder Nobody Told Me: My Battle with Postpartum Depression and Obsessive-Compulsive Disorder Freeing Your Child from Obsessive-Compulsive Disorder: A Powerful, Practical Program for Parents of Children and Adolescents Children With Obsessive-Compulsive Disorder (Child Psychology Book 5) The OCD Workbook: Your Guide to Breaking Free from Obsessive-Compulsive Disorder (A New Harbinger Self-Help Workbook) Freedom from Obsessive Compulsive Disorder: A Personalized Recovery Program for Living with Uncertainty, Updated Edition Triggered: A Memoir of Obsessive-Compulsive Disorder Obsessive Compulsive Disorder (Twenty First Century Medical Library)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)